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(./user/ralfrunner) **ralf runner** (./user/ralfrunner)

Chiemgauer 100miles it was also a test of the equipment. We know very well that 30 hours on the route in sunshine, very strong rain etc. There is no place for poor quality equipment. Chiemgauer 100miles show me that cheap rain jacket from Decathlon did not work very well. Of course it was good to the short training but not to the mountain 30 hours, 100mile run ☐ After 1-2 hours in the ra in Decathlons jacket did't work. It was very cold, ZIP was broken etc ☐ 😞 Now I want to try another one - Haglöfs. I have to use jacket with hydrostatic 20.000 mm and very breathable. Maybe this will be better 😊 Next time in three weeks I run on the Fjorden Rundt, 100km around Ringkøbing Fjord.

📍 **Ruhpolding-Alpen** (<https://instagramwebs.com/location/ruhpolding-alpen/1946889888872764>)

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